FRYEBURG HEALTH AND RESIDENTIAL CARE CENTERS

WINTER MENUS - CYCLE 5

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Assorted Dry Cereal or Oatmeal Eggs, Assorted Special Bread Fruit, in Season Juice, Assorted Milk, Coffee, & Tea	Assorted Dry Cereal or Farina Wheat Bread Applesauce Juice, Assorted Milk, Coffee, & Tea	Assorted Dry Cereal or Oatmeal Danish Prunes Juice, Assorted Milk, Coffee, & Tea	Assorted Dry Cereal or Farina Eggs, Assorted Muffins Fruit, in Season Juice, Assorted Milk, Coffee, & Tea	Assorted Dry Cereal or Oatmeal Raisin Toast Bananas Juice, Assorted Milk, Coffee, & Tea	Assorted Dry Cereal or Farina Eggs, Assorted Toast Juice, Assorted Milk, Coffee, & Tea	Assorted Dry Cereal or Oatmeal Muffins Bananas Juice, Assorted Milk, Coffee, & Tea
LUNCH	Baked Chicken Sweet Potato Green Beans Stuffing Cranberry Sauce Strawberry Shortcake Milk, Coffee, & Tea Alt. Sloppy Joe	Beef Stew Biscuit Peaches Boston Cream Pie Milk, Coffee, & Tea Alt. Baked Chicken	Hot Open Turkey Sandwich Mixed Vegetables Pineapple Bars Milk, Coffee, & Tea Alt. Beef Stew	Meatloaf with Tomato Sauce Baked Potato Tossed Salad/Dressing Rolls & Oleo Chocolate Pudding Milk, Coffee, & Tea Alt. Turkey	Corned Beef & Cabbage Boiled Potatoes Baby Carrots Rolls & Oleo Pumpkin Squares Milk, Coffee, & Tea Alt. Meatloaf	Fish Chowder Fruit Cocktail Biscuit & Oleo Key Lime Pie Milk, Coffee, & Tea Alt. Soup & Sandwich	Beef Stroganoff Egg Noodles Cole Slaw Brownies Milk, Coffee, & Tea Alt. Fish Chowder
SUPPER	Corn Chowder Ham Salad Sandwich Oyster Crackers Tropical Fruit Carrot Cake Milk, Coffee, & Tea Alt. Soup & Sandwich	Quiche Buttered Carrots Rolls & Oleo Butterscotch Pudding Milk, Coffee, & Tea Alt. Soup & Sandwich	Tomato Basil Ravioli Soup Cucumbers & Tomatoes Biscuit & Oleo Apple Filled Cookies Milk, Coffee, & Tea Alt. Soup & Sandwich	Blueberry Pancakes with Maple Syrup Bacon Tomato Juice Chilled Pears Milk, Coffee, & Tea Alt. Soup & Sandwich	Chicken Croquettes Mixed Vegetables Mashed Potatoes Bread Pudding Milk, Coffee, & Tea Alt. Soup & Sandwich	Smothered Pork over Noodles Broccoli Cuts Fruited Jell-O Milk, Coffee, & Tea Alt. Soup & Sandwich	Cream of Broccoli Soup Bologna Sandwich Crackers Gingerbread Milk, Coffee, & Tea Alt. Pork